



CITY OF LAREDO
Human Resources Department
Employee Health and Wellness Division
Wellness Incentive Reward Information Form FY 2024-2025



Wellness Incentive Rewards for FY 2024-2025

- 2 Wellness Days off during fiscal year 2024-2025.
- 1-year free membership to all City of Laredo Recreation Centers.

Eligibility

- Must have been employed with the City of Laredo for at least one year. (Employees who have worked less than one year may still participate in wellness activities; however, reward(s) will not be available until **one-year anniversary**).
- Must be a City employee in a permanent full time position.

Wellness Days

- Wellness activities must be completed by August 31, 2025, to be eligible for the wellness days off.
- Wellness Day(s) off must be requested at least 3 days in advance in order to ensure the operating efficiency of the respective department.
- Wellness Days off must be taken within the same fiscal year wellness activities were completed.
- Wellness Days will not carry over from one fiscal year to the next.
- A minimum of one wellness day must be taken (May not be broken down nor be used to complete hours).